



Kym has extensive experience optimising pelvic health in women and children. She is a clinical expert in pregnancy related pain and discomfort, bladder and bowel incontinence, childhood bedwetting, prolapse, pessary fittings, coccydynia, pelvic pain, mastitis, and advanced rehabilitation of the pelvic floor for high impact physical activities.

Kym has a special interest caring for pre and post-natal women, and optimising their health and function emotionally and physically as they prepare and recover from pregnancy and birth. Kym developed the successful Active Birth Skills Class to empower couples for labour. She is a teacher at LaTrobe University Physiotherapy School for the Gender Specific Studies. Since 2012, she has been a tutor on the Lactating Breast Course for Physiotherapists across Australia and recently in Toronto, Canada, educating physiotherapists on management of mastitis and inflammatory breast conditions.

Kym is a member of the Women's, Men's and Pelvic Health Group of the Australian Physiotherapy Association (APA) as well as being on the Victorian Physiotherapy committee of the Continence Foundation of Australia.

She has a background in dance and pilates prior to practicing physiotherapy, and now enjoy participating in fun runs, minor triathlons and crossfit competitions. In her spare time she enjoy spending time with her family, including her two daughters.

**Kym Veale**

*B. Physiotherapy (Hons) (University of Melbourne)*

*PGrad Cert PF Rehab (Hons) (UMelb)*

*PGrad Cert Exercise for Women (Hons)(UMelb)*

*Teacher at LaTrobe University. Master of Physiotherapy.*

*Committee member of CFA Physiotherapy Group.*

*Australian Physiotherapy Association (APA) Member.*

